Continuous Treatment Team

Mental Health Services
Continuous Treatment Team

The Continuous Treatment Team (CTT) provides intensive services to children and youth who are diagnosed as seriously and persistently mentally ill, and identified as at imminent risk of potential hospitalization or other therapeutic out-of-home placement. Program components include case management, individual and family therapy, group therapy, and psychiatric services. Comprehensive services include therapeutic intervention, skills building, medication management, school intervention, crisis intervention and stabilization, advocacy, and referral assistance. The goals of the program include symptom reduction, restoration of functioning, reduction of inpatient placements, and maintaining and improving the quality of life for these young people. Many services are delivered in the home or other natural setting.

Locations:
Knox County Children and Youth Center
Hamilton County Child and Adolescent Center
Blount County Center
Sevier County Center

County Served:
Knox County
Blount County
Hamilton County
Sevier County

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The Helen Ross McNabb Center is a premier not-for-profit provider of behavioral health services in East Tennessee. Since 1948, the Center has provided quality and compassionate care to children, adults and families experiencing mental illness, addiction and social challenges. As the Center continues to provide services to communities in East Tennessee, its mission remains clear and simple; "Improving the lives of the people we serve."

For more information, visit www.mcnabbcenter.org or call 865-637-9711